

Multiple Sclerosis Research at Shepherd Center

Shepherd Center's research mission supports the MS clinical program and aims to improve the function, health, wellness and quality of life for all people with MS.

Our research studies aim to better understand the effects of rehabilitation (both physical and cognitive) and exercise interventions for individuals with MS with a specific focus on those with mobility challenges or barriers to access to rehabilitation interventions.

Our clinical trials investigate cutting-edge therapies such as medications, new cell therapies and new devices. We support MS research efforts that are scientifically sound, safeguard the welfare of research participants and have the potential to advance the field of rehabilitation medicine.




Shepherd Center

2020 Peachtree Road, NW
Atlanta, GA 30309-1465
404-352-2020 shepherd.org

Information and Appointments

Andrew C. Carlos MS Institute at Shepherd Center

Call us directly to get specific information, schedule an appointment, or plan a visit:

 **Phone:** 404-352-2020

New patients may also download a form on our website at shepherd.org/ms, complete it and follow the instructions on the form for submitting it to the MS Institute.

Eula C. and Andrew C. Carlos MS Rehabilitation and Wellness Program

To schedule an appointment for physical therapy, occupational therapy and/or speech therapy, contact **404-603-4966**.

To inquire about a membership to the MS Wellness Program, contact one of our exercise specialists at **404-603-4916**.



To learn more about MS treatment and care at Shepherd Center, use your phone camera to scan this QR code and watch our video.



HOPE is HERE



Multiple Sclerosis Treatment and Care at Shepherd Center



Shepherd Center

Andrew C. Carlos Multiple Sclerosis Institute at Shepherd Center

The Andrew C. Carlos Multiple Sclerosis Institute at Shepherd Center, located in Atlanta, Georgia, provides treatment to people with multiple sclerosis (MS). The MS Institute uses a wide range of neurological and rehabilitative services to treat thousands of people with MS each year.

Research shows that early and appropriate treatment results in a better quality of life for people with MS and may protect against future illness. Our staff of medical professionals works aggressively to slow the progression of the disease.

Multiple sclerosis treatment options focus on medications, physical rehabilitation and experimental therapies. The MS Institute at Shepherd Center offers comprehensive evaluations, diagnostics, rehabilitation services and treatment options through FDA-approved drugs and new clinical trials.

We believe in providing comprehensive, patient-centered support for people with MS.



Eula C. and Andrew C. Carlos MS Rehabilitation and Wellness Program

The Eula C. and Andrew C. Carlos MS Rehabilitation and Wellness Program at Shepherd Center provides the tools people with MS need to take control of their condition, improve wellness, restore lost function, maximize mobility, learn to adapt to their ability and to stay fit and healthy.

Outpatient therapy aims to improve function, mobility and independence. Our interdisciplinary team of physical therapists (PT), occupational therapists (OT) and speech-language pathologists (SLP) work with each patient to develop goals that are meaningful and impactful to their lives. The therapy team collaborates throughout the plan of care to ensure the care is consistent and complementary across disciplines. We offer an **Intensive Therapy Program** (formerly Day Program) that combines therapy and aspects of our Wellness Program for those who would benefit from a more condensed plan of care.

MS Wellness Program

The MS Wellness Program provides a safe and welcoming environment to help people living with MS improve the quality of their lives. Under the guidance of exercise physiologists, this comprehensive program teaches appropriate exercises based on physical abilities and promotes self-care. Using a hybrid in-person/virtual model, this program empowers people with MS to stay active and decreases the effects of deconditioning through exercise classes, one-on-one exercise sessions, educational classes, social activities and community outings. As part of the MS Wellness Program, Shepherd Center's pool is available to members.

