

2025 Recreation Therapy Upcoming Events

JANUARY 2025

- January Hunting Clinic Jan 3-4

o This event will take place at Morrow Farms. Participants will have the opportunity to get out of the city and enjoy a guided deer/boar day hunt on 225 acres on the Flint River in Reynolds, GA. Hunters will also have access to all terrain vehicles and stocked ponds with onsite lodging available. Please note, participants will be responsible for securing their own transportation for this event.

- Virtual E-Birding Clinic Jan 7

o This virtual event will take place via Zoom with three 2-hour classes over a 3-month time frame. Participants will have the opportunity to join the Shepherd Center and Birds GA for an online education series on birdwatching. Series topics will be determined closer to the program dates. This program starts in January and will run once a month through March.

- Snow Ski Clinic with the National Ability Center Jan 27-31

o This event will take place at the National Ability Center in Park City, Utah. Participants will have the opportunity to join Shepherd Center and the NAC for snow skiing in addition to various other activities. Please note, participants will be responsible for securing their own airfare for this event.

FEBRUARY 2025

- Virtual Art Clinic Feb 4

o This event will give the opportunity for participants to join the Shepherd Center and certified art therapists on a virtual platform via Zoom to participate in an art-based activity. This course offers educational and hands-on demonstrations. Program activity will be determined closer to the program date.

- Virtual E-Birding Clinic

Feb 11

o This virtual event will take place via Zoom with three 2-hour classes over a 3-month time frame. Participants will have the opportunity to join the Shepherd Center and Birds GA for an online education series on birdwatching. Series topics will be determined closer to the program dates. This program starts in January and will run once a month through March.

- Winter Horticulture Clinic:

Feb 13

o This event will take place at Shepherd Center in Atlanta, GA. Participants will have the opportunity to join Shepherd Center and Trellis Horticulture Therapy Alliance for a horticulture clinic that will focus on a basic horticulture/nature craft session. Program activity will be determined closer to date of clinic.

- February Boxing Clinic:

Feb 19

o This event will take place at Pepper Boxing in Atlanta, GA at the Buckhead location. Participants will have the opportunity to join Shepherd Center and Pepper Boxing instructors for an educational overview on boxing and a 50-minute fitness class. This course offers educational and hands-on demonstrations. Equipment will be provided.

MARCH 2025

- Dillsboro Art Clinic

March 8

o This event will take place at the Jackson County Green Energy Park in Dillsboro, NC. Participants will have the opportunity to join Shepherd Center and local artisans to create various art mediums. Potential art projects include: glass blowing, blacksmithing, hand clay building, and ceramics. This course offers educational and hands-on

demonstrations. Equipment will be provided. Please note, participants will be responsible for securing their own transportation for this event.

- Ashville Mountain Biking Clinic

March 9

- o This event will take place in Ashville, NC. Participants will have the opportunity to join the Shepherd Center and Catalyst Sports for a clinic focusing on adaptive mountain biking. This course offers educational and hands-on demonstrations. Please note, participants will be responsible for securing their own transportation for this event.

- Virtual E-Birding Clinic

March 11

- o This virtual event will take place via Zoom with three 2-hour classes over a 3 month time frame. Participants will have the opportunity to join the Shepherd Center and Birds GA for an online education series on birdwatching. Series topics will be determined closer to the program dates. This program starts in January and will run once a month through March.

- Spring Yoga Clinic

March 19

- o This event will take place at Shepherd Center. Participants will have the opportunity to join the Shepherd Center and Certified Yoga Instructors to learn more about adaptive yoga. This course offers educational and hands-on demonstrations.

- Charlotte Fitness Clinic

March 22

- o This event will take place in Charlotte, NC at the Back to Independence Rehab gym. Participants will have the opportunity to join the Shepherd Center, and Back to Independence Rehab for a day clinic. This course offers educational and hands on demonstrations focusing on fitness/exercise, yoga, and nutrition education. Please note, participants will be responsible for securing their own transportation for this event.

APRIL 2025

- Fishing Clinic

April 3

o This event will take place at a privately owned pond in Rutledge, GA. Participants will have the opportunity to join the Shepherd Center to learn more about adaptive fishing. This course offers educational and hands-on demonstrations. Lunch will be provided. Please note, participants will be responsible for securing their own transportation for this event.

- Spring Pickleball Clinic

April 7

o This event will take place at ITA Atlanta in Atlanta, GA. Participants will have the opportunity to join the Shepherd Center and local disabled pickleball athletes/instructors to learn more about wheelchair pickleball. This course offers educational and hands-on demonstrations.

- Photography Clinic

April 10

o This event will take place in Atlanta, GA. Participants will have the opportunity to join the Shepherd Center and local photographer to learn more about adaptive photography. This course offers educational and hands-on demonstrations.

- Spring Horsemanship Clinic at Chastain Horse Park

April 16

o This event will take place at Chastain Horse Park in Atlanta, GA. Participants will have the opportunity to join the Shepherd Center and Chastain Horse Park for a horsemanship clinic that will focus on safety considerations, horsemanship information, and grooming and tacking. Please note, we cannot guarantee that participants will be able to ride a horse; however, all participants will be able to interact with horses throughout the clinic.

- Spring Tennis Clinic

April 28

o This event will take place at Blackburn Park in Brookhaven, GA. Participants will have the opportunity to join the Shepherd Center and local disabled pickleball athletes/instructors to learn more about wheelchair tennis. This course offers educational and hands-on demonstrations.

- Birdwatching Clinic at the Atlanta Botanical Gardens

April 29

o This event will take place at the Atlanta Botanical Gardens. Participants will have the opportunity to join the Shepherd Center and Birds GA in this guided birding adventure. This guided tour will increase your skill and knowledge in birding, community mobility, and camaraderie with other bird watchers. This program will also offer lunch at completion of guided tour.

MAY 2025

- Fly Fishing Clinic

May 1

o This event will take place at a private creek in Helen, GA. Participants will have an opportunity to get out of the city and onto the water for a day fishing trip. Fishermen will have access to a guided fly-fishing experience on a private creek. Please note, participants will be responsible for securing their own transportation for this event.

- Spring Horticulture Clinic

May 8

o This event will take place at Shepherd Center in Atlanta, GA. Participants will have the opportunity to join the Shepherd Center and Trellis Horticulture Therapy Alliance for a horticulture clinic that will focus on a basic horticulture/nature craft session. Program activity will be determined closer to the program date.

- Adventure Skills Workshop

May 16-18

o This event will take place at Camp ASCCA in Jackson's Gap, AL. Participants will have the opportunity to join the Shepherd Center for various outdoor, aquatic, and adventure-based activities. Please note, participants will be responsible for securing their own transportation for this event. Meals, lodging, equipment, and instruction are included.

- Spring Golf Clinic

May 29

o This golf clinic will be with Shepherd Center Recreation Therapists and Georgia State Golf Association. This course offers education and hands-on demonstrations. The event will be held at Bobby Jones Golf Course.

JUNE 2025

- Chattanooga Handcycling and Kayaking Clinic

June 1

- o This event will take place in Chattanooga, TN. Participants will have the opportunity to join the Shepherd Center and City of Chattanooga Department of Parks and Outdoors for an outdoor clinic focusing on kayaking and handcycling. This course offers educational and hands-on demonstrations. Lunch will be included. Please note, participants will be responsible for securing their own transportation for this event.

- June Boxing Clinic:

June 18

- o This event will take place at Pepper Boxing in Atlanta, GA at the Buckhead location. Participants will have the opportunity to join Shepherd Center and Pepper Boxing instructors for an educational overview on boxing and a 50-minute fitness class. This course offers educational and hands-on demonstrations. Equipment will be provided.

- Knoxville Mountain Biking Clinic

June 21

- o This event will take place in Knoxville, TN. Participants will have the opportunity to join the Shepherd Center and Catalyst Sports for a clinic focusing on adaptive mountain biking. This course offers educational and hands-on demonstrations. Please note, participants will be responsible for securing their own transportation for this event.

- Charleston Surfing Clinic

June 28

- o This event will take place in Folly Beach, SC. Participants will have the opportunity to join the Shepherd Center and Adaptive Expeditions for an outdoor clinic focusing on adaptive surfing. This course offers educational and hands-on demonstrations. Lunch will be provided. Please note, participants will be responsible for securing their own transportation for this event.

- Charleston Sailing Clinic

June 29

o This event will take place in Charleston, SC. Participants will have the opportunity to join the Shepherd Center and local adaptive sailors for an outdoor clinic focusing on adaptive sailing. This course offers educational and hands-on demonstrations. Please note, participants will be responsible for securing their own transportation for this event.

- June Water Ski Clinic

TBD

o This event will take place at Lake Allatoona in Acworth, GA. Participants will have the opportunity to join the Shepherd Center and local disabled athletes to learn the basics of waterskiing. This course offers educational and hands-on demonstrations of adaptive water skiing. Please note there is a 200lb weight limit due to equipment capacity.

JULY 2025

- July Water Ski Clinic

TBD

o This event will take place at Lake Allatoona in Acworth, GA. Participants will have the opportunity to join the Shepherd Center and local disabled athletes to learn the basics of waterskiing. This course offers educational and hands-on demonstrations of adaptive water skiing. Please note there is a 200lb weight limit due to equipment capacity.

- Atlanta Kayaking Clinic

July 17

o This event will take place in Atlanta, GA. Participants will have the opportunity to join the Shepherd Center and Catalyst Sports for a clinic focusing on adaptive kayaking. This course offers educational and hands-on demonstrations. Please note, participants will be responsible for securing their own transportation for this event.

AUGUST 2025

- August Water Ski Clinic

TBD

- o This event will take place at Lake Allatoona in Acworth, GA. Participants will have the opportunity to join the Shepherd Center and local disabled athletes to learn the basics of waterskiing. This course offers educational and hands-on demonstrations of adaptive water skiing. Please note there is a 200lb weight limit due to equipment capacity.

- Target Shooting Clinic

Aug 7

- o This event will take place at the Governors Gun Club in Kennesaw, GA. Participants will have the opportunity to join the Shepherd Center to learn more about adaptive target shooting. This course offers educational and hands-on demonstrations.

- Summer Clinic at the Adaptive Sports Center

August 10-14

- o This event will take place at the Adaptive Sports Center in Crested Butte, CO. Participants will have the opportunity to join the Shepherd Center and the Adaptive Sports Center for various outdoor and adventure-based activities. Meals, lodging, airfare, equipment, and instruction are included.

- Jewelry Making Clinic

Aug 13

- o This event will take place at Shepherd Center in Atlanta, GA. Participants will have the opportunity to join the Shepherd Center, the Atlanta Bead Society, and local jewelry makers to learn more about adaptive jewelry making focusing on beading. This course offers educational and hands-on demonstrations.

- August Boxing Clinic:

Aug 20

- o This event will take place at Pepper Boxing in Atlanta, GA at the Buckhead location. Participants will have the opportunity to join Shepherd Center and Pepper Boxing

instructors for an educational overview on boxing and a 50-minute fitness class. This course offers educational and hands-on demonstrations. Equipment will be provided.

SEPTEMBER 2025

- Golf Clinic

Sept 4

- o This event will take place at Bobby Jones Golf Course in Atlanta, GA. Participants will have the opportunity to join the Shepherd Center, Georgia State Golf Association, and local disabled golf athletes/instructors to learn more about adaptive golf. This course offers educational and hands-on demonstrations.

- Fall Birdwatching Clinic at the Atlanta Botanical Gardens

Sept 9

- o This event will take place at the Atlanta Botanical Gardens. Participants will have the opportunity to join the Shepherd Center and Birds GA in this guided birding adventure. This guided tour will increase your skill and knowledge in birding, community mobility, and camaraderie with other bird watchers. This program will also offer lunch at completion of guided tour.

- Fall Horsemanship Clinic at Chastain Horse Park

Sept 17

- o This event will take place at Chastain Horse Park in Atlanta, GA. Participants will have the opportunity to join the Shepherd Center and Chastain Horse Park for a horsemanship clinic that will focus on safety considerations, horsemanship information, and grooming and tacking. Please note, we cannot guarantee that participants will be able to ride a horse; however, all participants will be able to interact with horses throughout the clinic.

- Camp Twin Lakes Weekend Clinic

Sept 19-21

- o This event will take place at Camp Twin Lakes in Rutledge, GA. Participants will have the opportunity to join the Shepherd Center and Camp Twin Lakes for various outdoor and

adventure-based activities. Please note, participants will be responsible for securing their own transportation for this event. Meals, lodging, equipment, and instruction are included.

- Fall Pickleball Clinic

Sept 26

- o This event will take place at ITA Atlanta in Atlanta, GA. Participants will have the opportunity to join the Shepherd Center and local disabled pickleball athletes/instructors to learn more about wheelchair pickleball. This course offers educational and hands-on demonstrations.

- Atlanta Cycling Clinic

Sept 28

- o This event will take place in Atlanta, GA. Participants will have the opportunity to join the Shepherd Center and Catalyst Sports for a clinic focusing on adaptive cycling. This course offers educational and hands-on demonstrations. Please note, participants will be responsible for securing their own transportation for this event.

OCTOBER 2025

- Hiking Clinic

Oct 3

- o This event will give the opportunity for participants to join the Shepherd Center to learn more about adaptive hiking. This course offers educational and hands-on demonstrations. Event location will be determined closer to the program date.

- Fall Tennis Clinic

Oct 6

- o This event will take place at Blackburn Park in Brookhaven, GA. Participants will have the opportunity to join the Shepherd Center and local disabled pickleball athletes/instructors to learn more about wheelchair tennis. This course offers educational and hands-on demonstrations.

- Fall Horticulture Clinic

Oct 9

o This event will take place at Shepherd Center in Atlanta, GA. Participants will have the opportunity to join the Shepherd Center and Trellis Horticulture Therapy Alliance for a horticulture clinic that will focus on a basic horticulture/nature craft session. Program activity will be determined closer to the program date.

- Fall Yoga Clinic

Oct 22

o This event will take place at Shepherd Center. Participants will have the opportunity to join the Shepherd Center and Certified Yoga Instructors to learn more about adaptive yoga. This course offers educational and hands-on demonstrations.

NOVEMBER 2024

- Curling Clinic

Nov 2

o This event will take place in Marietta, GA. Participants will have the opportunity to join the Shepherd Center and Peachtree Curling Association for a clinic that will focus on wheelchair curling. This course offers educational and hands-on demonstrations and equipment will be provided.

- Veteran's Clinic

Nov 8

o This event will take place at a privately owned pond in Rutledge, GA. Participants will have the opportunity to join the Shepherd Center to participate in various outdoor and adventure-based activities. This course offers educational and hands-on demonstrations. Lunch will be provided. Please note, participants will be responsible for securing their own transportation for this event.

- Virtual Art Clinic

Nov 13

o This event will give the opportunity for participants to join the Shepherd Center and certified art therapists on a virtual platform via Zoom to participate in an art-based activity.

This course offers educational and hands-on demonstrations. Program activity will be determined closer to the program date.

- Bowling Clinic

Nov 18

- o This event will give the opportunity for participants to join the Shepherd Center to learn more about adaptive bowling. This course offers educational and hands-on demonstrations. Event location will be determined closer to the program date.

DECEMBER 2025

- December Boxing Clinic:

Dec 3

- o This event will take place at Pepper Boxing in Atlanta, GA at the Buckhead location. Participants will have the opportunity to join Shepherd Center and Pepper Boxing instructors for an educational overview on boxing and a 50-minute fitness class. This course offers educational and hands-on demonstrations. Equipment will be provided.

- December Hunting Clinic

Dec 4-5

- o This event will take place at Morrow Farms. Participants will have the opportunity to get out of the city and enjoy a guided deer/boar day hunt on 225 acres on the Flint River in Reynolds, GA. Hunters will also have access to all terrain vehicles and stocked ponds with onsite lodging available. Please note, participants will be responsible for securing their own transportation for this event.

- Snow Ski Clinic at the STARS Ranch:

Dec 7-11

- o This event will take place at the STARS Ranch in Steamboat Springs, CO. Participants will have the opportunity to join the Shepherd Center and STARS for snow skiing in addition to various other activities. Please note, participants will be responsible for securing their own airfare for this event. Meals, lodging, equipment, and instruction are included.

*All programs are subject to date/time/location change